

Partnering in care – Caring together



St. Anna's
Residential & Home Care

We invite you to join St Anna's partner in care program

"St Anna's recognises the importance of social engagement and the importance of close relationships for the health and wellbeing of our residents."

Who is a partner in care?

A partner in care is a person identified by the resident who they have a close and continuing relationship with, such as a family member or close friend. A partner regularly visits and provides care and companionship to the resident.

Partners in care may provide support such as:

- Helping with hygiene needs
- Helping to exercise
- Helping to support lifestyle interests
- Helping at mealtimes

The type of care provided will depend on the needs of the resident and the relationship with their chosen partner. A partner in care is not a casual visitor, a visitor not providing an aspect of care, or a visitor who the resident does not want to have assisting with their care.

Learnings which you may need to undertake:

- Fire and emergency training
- Manual handling (as required)
- Altered swallowing
- Understanding Covid Aged Care
- PPE donning and doffing

What are the benefits ?

Partners in care play a key role in the quality of life and wellbeing of residents

A partner in care can:

- Keep families together to support each other through life experiences and times of need
- Support the daily routines of residents living at St Anna's
- Improve overall wellbeing

How can you join this program?

Contact the Clinical Nurse Manager regarding your interest to participate via phone **08 8346 0955** or email at: **admin@cubs.org.au**

Provide information regarding the care you would like to undertake inclusive of:

- What days you will undertake this care
- What time you will undertake this care
- If you require additional support

Our commitment to you is to continue supporting you in the role of a partner in care to improve the health and wellbeing of your loved one living with us at St Anna's Residential Care Facility.