

NEWSLETTER

February 2026



Dear residents, friends and families of St Anna's,

February has arrived and with it some soaring temperatures for South Australia – I hope you are all keeping safe and well during this heat wave. The Staff at St Anna's have been vigilant with our care of residents here during these hot days - key precautions include using air conditioning, checking the efficiency of the coolers and staying hydrated – encouraging extra fluids regularly. We are offering ice blocks at morning and afternoon tea, iced coffees on the tea trolleys and additional water dispensers have been added some of the common areas. Nursing and Care Staff are ensuring the residents are wearing appropriate light clothing and providing extra checks on our residents throughout the day and night. We encourage you all to visit our in-house Café and try the sensational Iced Coffee made daily in the Café - guaranteed to cool you down! Open Monday to Friday 0900 – 1pm.

St Anna's are proud to announce that we are a finalist in the ASIA PACIFIC ELDERCARE INNOVATION AWARDS 2026 as part of the World Ageing Festival. The award winners will be announced on 15 April 2026 in Singapore during the Asia Pacific Eldercare Innovation Awards Ceremony. We have submitted a presentation titled "Innovation with Heart: How Temi Robots Are Transforming Resident Experience at St. Anna's". We are honoured to be recognised as a finalist.

For more information, please explore the website <https://www.worldageingfestival.com/waf2026>

It is inspiring to read about the festival and their promotion of successful aging.

Wishing you all a cool and calm February

Amanda Birkin
CEO



St Anna's Socials!



St Anna's Website



St Anna's Facebook



St Anna's Instagram



Scan the barcode using your phone!

“Your Information Corner”



Your Information. Your Choice.

In aged care, **you are at the centre of all decisions about your care.**

This includes decisions about **who can receive information about you.**

Under the **Aged Care Act 2024** and the **Strengthened Aged Care Quality Standards**, residents have the right to **decide who can access their personal and health information.**

This is an important part of person-centred care and respecting your privacy, dignity, and independence.

What does this mean in practice?

You can choose **who you want us to share information with**, such as:

- Information about **falls or incidents**
- **Changes to medications**
- Updates about your **health or care needs**
- Your **monthly care statement** and other care-related documents

This might be a family member, a friend, a carer, a guardian, or another trusted person — or you may decide that **no one else** should receive this information.

It's not automatic

Sharing information is **not automatic**, even with close family members. Unless you have told us who you want information shared with, we are required to **check with you first.**

This protects your right to privacy and ensures your wishes are respected at all times.

You can change your mind

Your preferences are **your choice**, and you can change them at any time. If you decide later that you want someone added, removed, or only informed about certain things, just let us know.

Our commitment to you

We are committed to:

- Respecting your **rights, choices, and preferences**
- Providing care that is **person-centred and transparent**
- Keeping your information **safe, private, and shared only as you wish**

If you would like to confirm or update who can receive information about your care — including your monthly care statement — please speak with a member of our team. We're here to support you and ensure your wishes are always respected.

Hospitality News

In the month of February there are several events occurring at St Anna's!

1. Resident Meeting- February 3rd
2. Valentines Day Shared Lunch- February 12th
3. Shrove Tuesday – February 17th
4. Chinese Morning Tea/Craft- February 24th



Notices:

Café

Opening Hours

Monday to Friday- 9:00 AM to 1:00 PM.

We invite staff, families and resident to enjoy this space. Come and grab a coffee or simply enjoy the space with a book or a card game.

We look forward to welcoming more of you for your morning coffee, snacks, and friendly chats throughout the week.

Croatian Club

Please note that there is offsite Croatian Club Lunch on the 10th of February for residents from 10:30am. Please speak to lifestyle staff for more information and to confirm attendance.

Hospitality News

If you have a recipe and would like to share it, please write it down and give it to the lifestyle department.

Please remember to include your name so we can honour you and your recipe.



TITLE:

PREP TIME:

COOK TIME:

SERVINGS:

INGREDIENTS:

DIRECTIONS:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



FOOD

Committee Meeting

1:30pm ● **February 3rd** ● **PK Room**
(Before Resident Meeting)

*Please let Lifestyle staff know if you wish to attend as there are limited seats.

Resident Invitation



CROATIAN MORNING TEA

PLEASE COME FOR COFFEE
AND CAKE EVERY FIRST
WEDNESDAY OF THE MONTH
AT 10:00AM
WHERE: PK ROOM

St Anna's Aged Care -

**Main Calendar
Weekly Activity Program**

Monday 26/01/2026	Tuesday 27/01/2026	Wednesday 28/01/2026	Thursday 29/01/2026	Friday 30/01/2026	Saturday 31/01/2026	Sunday 01/02/2026
10:30 am - 11:00 am Music and Movement chair exercise Iris	09:30 am - 12:00 pm Hairdresser PK Room	10:30 am - 11:00 am Balloon Tennis Iris	10:30 am - 11:00 am Quoits Iris	10:30 am - 11:30 am Ukrainian Dance / Music Iris	2:00 pm - 3:00 pm Bingo PK Room	11:00 am - 12:00 pm Songs of Praise on ABC Room Visit
11:30 am - 12:00 pm Croatian Cultural Video Iris	10:45 am - 11:15 am Chi Ball Iris	11:15 am - 12:00 pm Cultural Dance Video Iris	11:30 am - 12:00 pm Croatian Dance / Music DVD Iris	11:30 am - 12:00 pm Prayer Group PK Room		1:45 pm - 2:15 pm PK Room Ukrainian Orthodox Church Service
2:00 pm - 3:30 pm Cooking PK Room	11:30 am - 12:00 pm Ukrainian Cultural Video Iris	2:30 pm - 3:30 pm Choir - Sing along PK Room	2:30 pm - 3:30 pm Netflix -Movie Iris	2:30 pm - 3:30 pm Bingo PK Room		
	2:30 pm - 3:30 pm Bingo PK Room		2:30 pm - 3:30 pm NeuronsVR PK Room			

**< February 1st
Ukrainian Orthodox
Service @1:45pm in PK
Room>**

St Anna's Aged Care -

**Main Calendar
Weekly Activity Program**

Monday 06/02/2025	Tuesday 07/02/2025	Wednesday 08/02/2025	Thursday 09/02/2025	Friday 10/02/2025	Saturday 11/02/2025	Sunday 12/02/2025
10:30 am - 11:00 am Music and Movement chair exercise Iris	09:30 am - 12:00 pm Hairdresser Pk Room	10:00 am - 11:30 am Croatian Morning Tea PK Room	10:00 am Pet Therapy Room Visit	10:30 am - 11:30 am Cultural Dance and Music DVD Iris	2:00 pm - 3:00 pm Bingo PK Room	11:00 am - 12:00 pm Songs of Praise on ABC Room Visit
10:30 am - 11:30 am Playgroup PK Room	09:30 am - 2:30 pm Coles online Shopping Room Visit	11:00 am - 12:00 pm Cultural Dance Video Iris	10:45 am - 11:15 am Music and Movement Chair Yoga Iris Lounge	11:30 am - 12:00 pm Prayer Group PK Room		
11:30 am - 12:00 pm Croatian Cultural Video Iris	10:30 am - 11:00 am Chair Exercise Iris	2:30 pm - 3:30 pm Quilts Iris	 11:15 am - 12:00 pm Polish Cultural Video Iris	1:30 pm - 3:00 pm Ukrainian Memories - Maria D IRIS		
2:00 pm - 3:30 pm Valentines Day Craft PK Room	11:30 am - 12:00 pm Ukrainian Cultural Video - Iris Iris	2:30 pm - 3:30 pm NeuronsVR PK Room	2:30 pm - 3:30 pm Virtual Quiz PK Room	2:30 pm - 3:30 pm Movie Afternoon Iris		
2:30 pm - 3:30 pm Bocce Pergola	2:30 pm - 3:30 pm Consumer Resident Meeting PK Room					

St Anna's Aged Care -

**Main Calendar
Weekly Activity Program**

Monday 8/10/2026	Tuesday 9/10/2026	Wednesday 10/10/2026	Thursday 12/10/2026	Friday 13/10/2026	Saturday 14/10/2026	Sunday 15/10/2026
10:30 am - 11:00 am Music and Movement chair exercise Iris	09:30 am - 12:00 pm Hairdresser PK Room	10:15 am - 11:15 am Cultural Dance Video Iris	11:15 am - 12:00 pm Polish Cultural Video Iris	10:30 am - 11:30 am Cultural Dance and Music DVD Iris	2:00 pm - 3:00 pm Bingo PK Room	11:00 am - 12:00 pm Songs of Praise on ABC Room Visit
11:30 am - 12:00 pm Croatian Cultural Video Iris	10:30 am - 11:00 am Music & Movement with scarves Iris	10:30 am - 11:15 am Walking Group Meet at foyer	12:30 pm - 1:30 pm Shared Lunch - Valentines Day PK Room	11:30 am - 12:00 pm Prayer Group room visit		
2:00 pm - 3:30 pm Valentines Cupcakes Cooking	10:30 am - 11:30 am Beauty Hour - Nails Room Visit	2:30 pm - 3:30 pm Movie - Afternoon PK Room	2:30 pm - 3:30 pm Scategories PK Room	2:30 pm - 3:30 pm Bingo PK Room		
2:30 pm - 3:30 pm Choir - Sing along Iris	11:15 am - 12:00 pm Ukrainian Cultural Video Iris			2:30 pm - 3:30 pm Movie Afternoon Iris		
	2:30 pm - 3:30 pm Bingo PK Room					

St Anna's Aged Care -

**Main Calendar
Weekly Activity Program**

Monday 18/02/2026	Tuesday 17/02/2026	Wednesday 16/02/2026	Thursday 15/02/2026	Friday 20/02/2026	Saturday 21/02/2026	Sunday 22/02/2026
10:30 am - 11:00 am Music and Movement chair exercise Iris	09:30 am - 12:00 pm Hairdresser PK Room	10:15 am - 11:15 am Cultural Dance Video Iris	10:30 am - 11:00 am Music and Movement Iris	10:30 am - 11:30 am Cultural Dance and Music Iris	2:00 pm - 3:00 pm Bingo PK Room	11:00 am - 12:00 pm Songs of Praise on ABC Room Visit
10:30 am - 11:30 am Playgroup PK Room	09:30 am - 2:30 pm Coles Online Room Visit	10:30 am - 11:15 am Ukrainian Catholic Service Pk Room	11:30 am - 12:00 pm Polish Dance /Music DVD Iris	11:30 am - 12:00 pm Prayer Group PK Room		
11:00 am - 11:30 am Croatian Cultural Video Iris	10:45 am - 11:15 am Chi Ball Iris	10:30 am - 11:15 am Walking Group Meet at foyer	2:30 pm - 3:30 pm Beauty hour - Nails Room Visit	2:00 pm - 3:00 pm Movie Afternoon Iris		
2:00 pm - 3:30 pm Craft PK Room	11:30 am - 12:00 pm Ukrainian Cultural Video Iris	2:30 pm - 3:30 pm Choir PK Room	2:30 pm - 3:30 pm Mens Group PK Room	2:30 pm - 3:30 pm Bingo PK Room		
2:30 pm - 3:30 pm Quoits Iris	2:30 pm - 3:30 pm Bingo PK Room					

St Anna's Aged Care -

**Main Calendar
Weekly Activity Program**

Monday 23/02/2025	Tuesday 24/02/2025	Wednesday 25/02/2025	Thursday 26/02/2025	Friday 27/02/2025	Saturday 28/02/2025	Sunday 01/03/2025
10:30 am - 11:00 am Music and Movement chair exercise Iris	09:30 am - 12:00 pm Hairdresser PK Room	10:30 am - 11:00 am Balloon Tennis Iris	10:30 am - 11:00 am Quoits Iris	10:30 am - 11:30 am Ukrainian Dance / Music Iris	2:00 pm - 3:00 pm Bingo PK Room	11:00 am - 12:00 pm Songs of Praise on ABC Room Visit
11:30 am - 12:00 pm Croatian Cultural Video Iris	10:45 am - 11:15 am Chi Ball Iris	10:30 am - 11:30 am Flower Arranging PK Room	11:30 am - 12:00 pm Iris Croatian Dance / Music DVD	11:30 am - 12:00 pm Prayer Group PK Room		
2:00 pm - 3:30 pm Cooking PK Room	11:30 am - 12:00 pm Ukrainian Cultural Video Iris	11:15 am - 12:00 pm Cultural Dance Video Iris	2:30 pm - 3:30 pm NeuronsVR PK Room	2:30 pm - 3:30 pm Bingo PK Room		
2:30 pm - 3:30 pm Bocce Pergola	2:30 pm - 3:30 pm Bingo PK Room	2:30 pm - 3:30 pm Choir - Sing along PK Room	2:30 pm - 3:30 pm Netflix -Movie Iris			

Disclaimer: Due to unforeseen circumstances activities may be subject to change. 1-1 social engagement provided daily.

Please see information below for the commencement of a daily movie on the big screen – dates and movies to follow (in the first week of February) – please note March 2026 movies will be included in the calendar for next month– we would also love to know what movies you would like to see on the big screen!



**ST. ANNA'S
COMMUNITY
MOVIE SCREENING
MONDAY TO FRIDAY AT 1.30PM
IN THE SUNFLOWER LOUNGE ROOM**



FREE ADMISSION • ALL ARE WELCOME

*See the fabulous team
in Lifestyle for any enquiries*



Movies changing daily



Gladys and Pearl's Australian Valentine's Day Adventure

The wardrobe's hinges twinkled as if kissed by Cupid's arrow.

Gladys tilted her hat. "That's... new."

Pearl sniffed the air. "Is that... chocolate?"

A cascade of rose petals tumbled out as the doors swung wide.

"Valentine's Day in Australia!" Gladys announced, her hat now glittering like a pink sunset.

The wardrobe whisked them to a sunny park where picnickers lounged on checkered blankets. Families shared sandwiches and fruit skewers, while children chased balloons shaped like hearts. The sky blazed a summer blue.

A long table under a red-and-pink canopy overflowed with cupcakes, pavlova, and chocolate-dipped strawberries. Pearl accepted a sparkling raspberry cordial from a man in a heart-shaped visor. "It's like love served on a platter," she murmured.

Nearby, a busker strummed a ukulele, leading a cheerful crowd in a sing-along of romantic tunes, while a pair of bright kites danced overhead, trailing ribbons like confetti. Gladys and Pearl tied tiny love notes to a kite shaped like a koala and watched it soar to delighted applause.

As the afternoon warmed, hearts of every shade dotted the grass. Couples and friends exchanged cards and laughter.

Pearl sighed, leaning against a gum tree. “A warm Valentine’s—how perfect.”

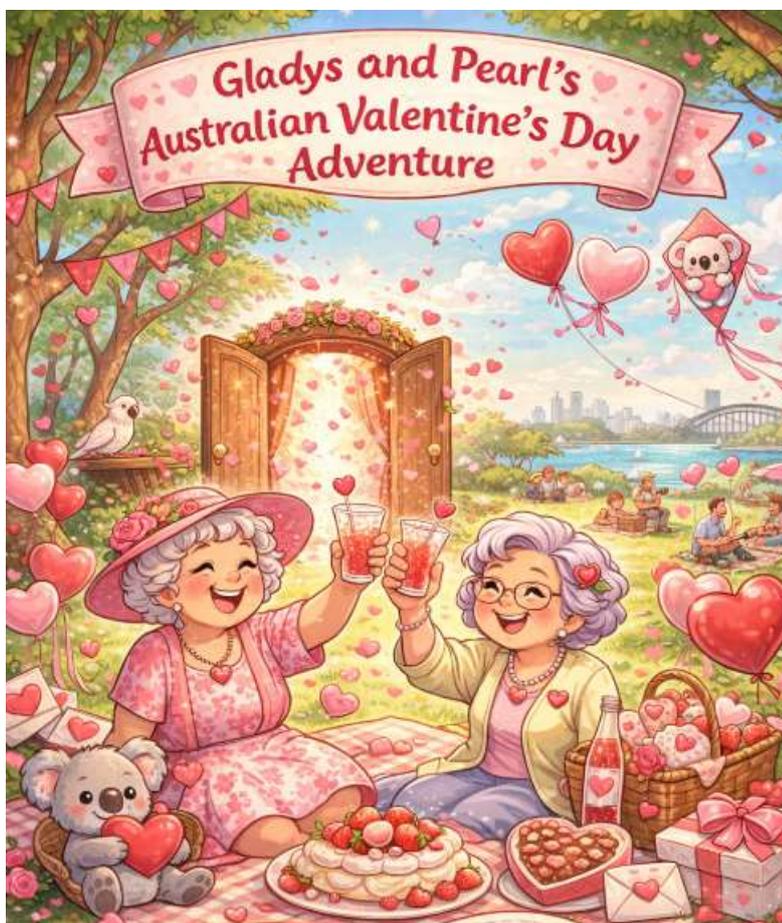
Gladys beamed. “The wardrobe always knows how to find love.”

Behind them, it waited on the grass, hinges chiming softly like a heart beating in time.

“Well,” Pearl said, smiling, “I’m happy to follow wherever it celebrates love.”

Gladys raised her cup of cordial. “To friendship, chocolate, and kites in the summer sky.”

The wardrobe shivered in agreement, ready, as ever, for its next adventure.



We want your Feedback!

Please scan the code and it will take you directly to our feedback form.

Feedback & Complaints



St Anna's Aged Care

QUOTE OF THE MONTH

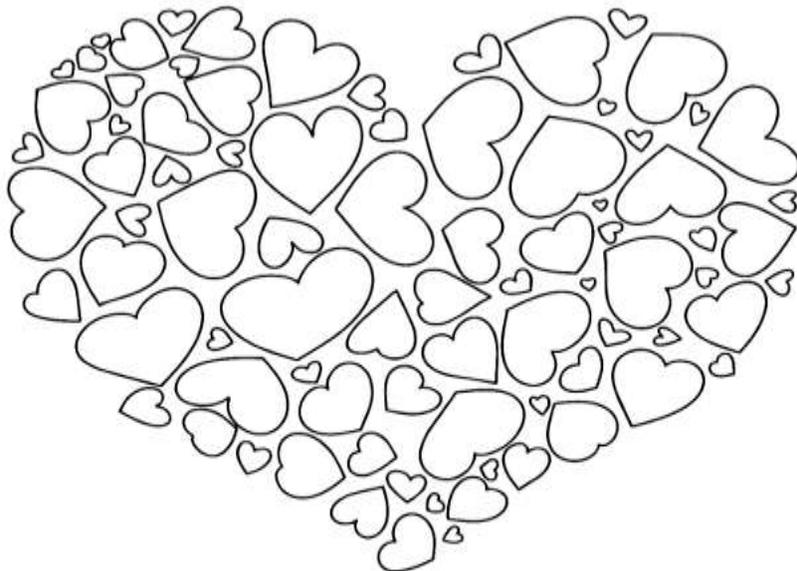


February is short and very sweet!

TRIVIA

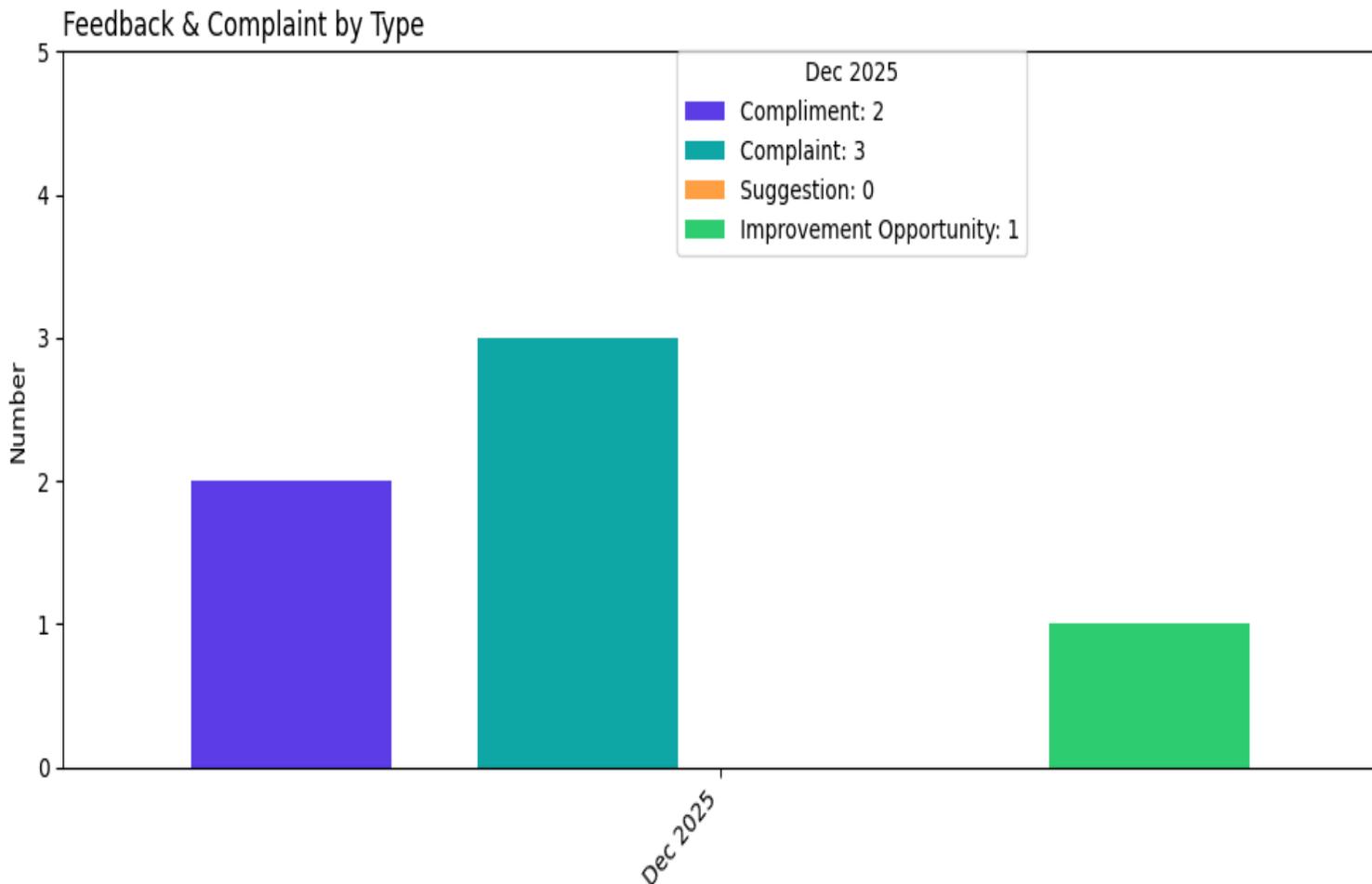
Did you know that February is named after Februa, an ancient Roman festival of purification and atonement? February is the shortest month of the year, with 28 days in common years and 29 days in leap years. It is widely associated with love and friendship, largely because of Valentine's Day on February 14th. In Australia, February is still summer, often filled with warm weather, outdoor festivals, beach outings, and sporting events. It's a month for celebrating relationships, enjoying the outdoors, and making the most of the long, sunny days before autumn begins.

Colouring Activity:



Happy Valentine's Day

Month in Review



Complaints	Residential Facility- Staff -Staff complaint re abusive language from resident
	Residential Facility- Resident - types of food / menu choices
	Residential Facility- Family Complaint about food presentation and quality
Improvement Opportunity	Residential Facility – Resident – Suggestion re a cooking product – trialed in the Main Kitchen
Compliments	Home Care- Client -giving thanks and appreciation for his Christmas gift from the HC team
	Residential Facility - Family - compliment regarding the quality of care his family member is receiving

Thank you for your Feedback.
We have included a Feedback Form on the last page.

Please feel free to tear out and place in one of the new feedback boxes next to the old Café site and next to the Iris Notice Board or give to a staff member.



FOR THE MONTH OF FEBRUARY!

**Charlie Zammit
Marija Alsic
David Kendell
Pauline Treloar
Ljuba Belanic
John Palliaer
Ande Bogdan**

Voting for Residents

On behalf of the Lifestyle Team here at St Anna's just a reminder that there will be a State Election in March 2026. The Commission will come into St Anna's and staff will assist residents to vote however we encourage you to make contact with the Electoral Commission of South Australia <https://www.ecsa.sa.gov.au/> or calling 1300 655 23 if you need to update your loved ones details (for example address, capacity to vote, removal from Electoral Roll). Please see information below re some reasons for updating details with the Commission:

Elector with dementia

If your relative has dementia and they are no longer capable of understanding the nature and significance of enrolment and voting, you will need to complete a form to remove their name from the electoral roll. The medical certificate on the form must be completed and signed by a registered medical practitioner.

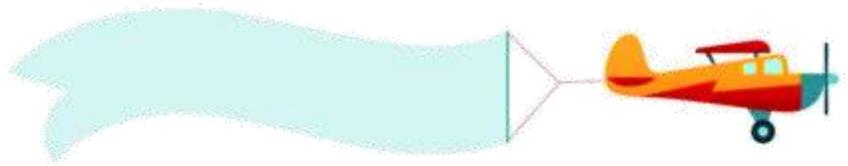
Elector with incorrect or inaccurate details

A person can be removed from the roll if they are enrolled for an address that is not their principal place of residence. In most cases this is because they have changed their address and have not updated their details. If the AEC receives information that suggests a person should not be enrolled at a particular address, they must write to the person before taking any action in relation to their enrolment. If no response is received the AEC may then remove the person from the roll. This information may come from other government agencies.

Please then let the Lifestyle Team know of any changes that have been made to the Commission on behalf of the resident. If the resident is wishing to vote on the day – staff will encourage and assist them to the voting booth here.

Lifestyle can be contacted by emailing Lifestyle@cubs.org.au or calling 8346 0955 and asking to speak with the Lifestyle Team.

Noticeboard



PET THERAPY

We have our fish aquarium that is located in Sunflower Lounge area. We try our best to have some furry friends visit regularly (dogs, rabbits, etc.) throughout the year, as well as visiting shows booked in on occasion. A reminder to friends and family that you are welcome to bring in your friendly pets when visiting here at St Anna's!

RESIDENT NOTICE

Please advise Lifestyle and Kitchen staff if resident wishes to have guests. Kitchen must have 48-hour notice if wanting food provided.

CULTURAL EVENTS

**Croatian club and
Ukrainian club lunches
monthly**

**Please let staff know if
you would like to attend.**

VOLUNTEERING

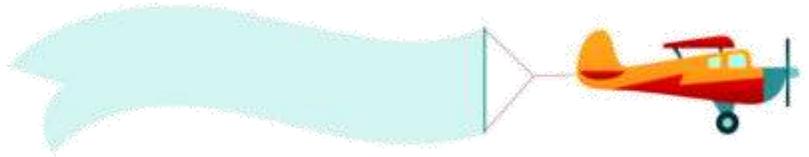
Volunteers are often the glue that holds a community together. Volunteering allows you to connect with your community and make it a better place. Helping with even the smallest task can make a real difference to the lives of our residents and St Anna's as an organisation.

If you would like to volunteer here at St Anna's please let us know – we would love to have you join our team! As a volunteer you choose what suits your lifestyle and how often, for how long you can commit.

PLAYGROUP

**Playgroup will be fortnightly on
Monday's. However, playgroup does
not run during school holidays.**

Noticeboard



LIBRARY SERVICE

We have a mobile library service that delivers & picks up library books to resident's monthly. If you would like this service, please talk to the Lifestyle staff.

HAIRDRESSER

St Anna's hairdresser, Michelle is here on site every Tuesday. If a resident would like a haircut, please contact our Lifestyle team. lifestyle@cubs.org.au OR email admin@cubs.org.au

REMINDER

As the seasons change, please take a moment to check your loved one's clothing and footwear to make sure everything still fits well and is weather-appropriate.

You're welcome to visit anytime to check their wardrobe and room.

Also, a quick note about fridges in resident rooms — these are personal items, so we ask that families help keep them clean and ensure any food inside is safe to eat.

All food brought into the facility must be recorded in the Food Register at the front desk, and a label added to the item.

ACTIVITIES

Due to unforeseen circumstances **activities may change** on your daily program. Lifestyle staff will inform you of any changes, Activities and any changes to program will also be reflected on the boards in your dining area.

LAUNDRY

The lost property rack is kept in the main laundry throughout the week, please ask laundry staff if you have missing items of clothing. The laundry is generally open 0800 – 1500 Monday – Friday. Over the Weekend the lost property will be placed in the small office opposite the reception area for residents and families to check. Any items left in this pile will be donated to charity after 3 months of being in the laundry.

Just a reminder all residents clothing is required to be labelled. St Anna's RCF does not take responsibility for any lost clothing which is unlabeled.

Activity Collage



Activity Collage

This month, St Anna's Residential Facility enjoyed a wonderful mix of connection, creativity, and enjoyment. Residents continued to look forward to our monthly Croatian Morning Tea, kindly hosted by one of our wonderful volunteers. They also spent time enjoying the newly blooming garden patches, tasting fresh vegetables and fruit while admiring the flowers. Cooking activities were a highlight, with residents making shortbread together, and our sing-along sessions with the microphone brought plenty of laughter and shared joy.

We finished the month with our Australia Day celebrations, beginning with a craft activity where residents painted their own boomerangs using dot painting techniques. This was followed by an Australia Day shared lunch featuring a sausage sizzle and chicken with onion, served with potato bake, coleslaw, garden salad, bread and butter, BBQ gravy, and tomato sauce, and concluded with pavlova topped with passionfruit drizzle and cream. The residents loved it and it was a perfect way to end the month!



Activity Collage



Sudoku

	6	4	9	1			2	
					4	9		7
9	1	7		2	8	5	6	
	9	1	4	3		7	5	
				9		4	3	
		2		5	6			
					3			
1				8			4	
		3	1			2		

***Answers on page 30- No peeking**

Quiz for February

1. Which special day is commonly celebrated on February 14th in Australia?

- a) Mother's Day
- b) Valentine's Day
- c) Father's Day
- d) Anzac Day

2. Which season does February fall into in Australia?

- a) Autumn
- b) Winter
- c) Summer
- d) Spring

3. What is a common activity in Australia during February?

- a) Building snowmen
- b) Beach swimming
- c) Skiing
- d) Ice skating

4. Which fruit is especially popular in Australia during February?

- a) Watermelon
- b) Apples
- c) Mandarins
- d) Pears

5. Which colour is most commonly associated with Valentine's Day in February?

- a) Blue
- b) Yellow
- c) Red
- d) Green

***Answers on page 30- No peeking**

Word Search

Word Search

VALENTINE'S DAY



L	O	V	E	R	S	V	T	C	A	L	K	O	A
F	K	S	W	E	E	T	H	E	A	R	T	D	G
V	E	I	J	Y	K	R	E	P	F	R	E	S	M
A	A	B	N	H	E	A	R	T	O	R	D	D	F
C	Y	L	R	D	H	R	E	I	R	T	P	S	R
L	A	W	E	U	N	P	D	F	G	R	B	K	I
O	G	N	H	N	A	E	E	D	E	O	T	C	E
V	F	J	D	U	T	R	S	B	T	M	F	U	N
E	L	B	H	Y	G	I	Y	S	M	A	E	P	D
D	O	D	Y	B	G	S	N	K	E	N	L	I	S
F	W	T	I	F	M	H	C	E	N	C	A	D	K
H	E	Z	P	H	A	P	P	Y	O	E	C	C	U
L	R	P	I	N	K	U	S	F	T	G	E	Z	M
D	S	C	H	O	C	O	L	A	T	E	H	M	F

Lovers
Happy
February
Love
Chocolate

Red
Heart
Cupid
Flowers
Friends

Lace
Hugs
Sweetheart
Cards
Forget-me-not

Kindness
Romance
Pink
Valentine
Candy

Who Am I? Quiz

ANSWERS

SUDOKU ANSWERS

5	6	4	9	1	7	3	2	8
3	2	8	5	6	4	9	1	7
9	1	7	3	2	8	5	6	4
8	9	1	4	3	2	7	5	6
7	5	6	8	9	1	4	3	2
4	3	2	7	5	6	8	9	1
2	8	9	6	4	3	1	7	5
1	7	5	2	8	9	6	4	3
6	4	3	1	7	5	2	8	9



FEBRUARY QUIZ ANSWERS

1. b) Valentine's Day
2. c) Summer
3. b) Beach swimming
4. a) Watermelon
5. c) Red

Colouring in activity:

Colouring is a healthy way to relieve stress. It calms the brain and helps your body relax. This can improve sleep and fatigue while decreasing body aches, heart rate, respiration, and feelings of depression and anxiety. Please enjoy our colouring activity.



Mosaics for Residents

Once a month, on a Friday afternoon, residents are invited to get creative and have some fun at our mosaics class. This colourful and hands-on activity is a great way to relax, socialise, and enjoy making a unique mosaic piece. Laughter, creativity, and plenty of colour are always guaranteed!

The total cost of the session is \$50.00. St Anna's kindly contributes \$25.00 to cover the lesson, and residents pay \$25.00 for materials and supplies.

For more information, please see the Lifestyle Team or email Lifestyle@cubs.org.au

We would love to see you there!



Volunteering

Volunteering at St Anna's is a meaningful way to contribute to our community and bring positivity into the lives of our residents. By sharing your time and support, you help create a warm and welcoming environment where everyone feels valued. Every effort, no matter how small, makes a difference.

If you would like more information about volunteering opportunities, please speak to the Lifestyle Team or send an email to Lifestyle@cubs.org.au and they will be happy to provide further details and answer any questions you may have.



